

# Clinical-Research Associate (CRA)

Reports to: Project Manager or Clinical-Research Site Manager



## Main Duties

may vary from one company to another

- **Assesses site qualification potential:** reviews study requirements; conducts pre-study visits and drafts pre-study evaluation reports.
- **Participates in the implementation of clinical studies:** communicates with investigators and their staff; ensures compliance with terms

and conditions; properly trains site personnel and writes initiation visit reports.

- **Supervises the conduct of clinical studies:** acts as liaison between site personnel and the sponsor; performs monitoring in the field; ensures compliance with protocols, regulatory requirements, and good clinical practices; writes follow-up visit reports.
- **Ensures the quality of the project:** verifies materials and data integrity; assists site personnel with internal audits or regulatory inspections; and perform ongoing follow-up with the in-house project team.
- **Closes clinical studies:** verifies the integrity of investigator files; ensures availability of clinical and non-clinical materials; jointly reviews with investigators the obligations inherent at the end of the study and writes closure visit reports.

## Evolution of the Profession

- While company mergers may have an impact on organization, procedures and methods, the role of the Research Associate remains the same.

- The development of specialized software lightens the burden related to managing regulatory documents.

Online data capture (increasingly used) accelerates data collection, processing, and validation.

- Companies are implementing new procedures pursuant to an observation (audit, inspection, etc.), as well as verification measures in order to protect themselves from legal proceedings, bias, or irregularities.

## Best Practices

- Keep knowledge up to date to remain proficient.
- Attend symposiums, conferences, and continuing-education training.

## Main responsibilities

### Coordinate Clinical Trials

- Visits trial sites regularly.
- Acts as liaison between project managers and research-site personnel.
- Maintains the quality of the work and relationships.
- Monitors the conduct of clinical trials and compliance with established timelines.
- Ensures harmonization of in-house monitoring practices.

### Ensure Quality Assurance of Projects

- Adheres to protocol regulatory requirements, good clinical practice regulations, and standard operating procedures.
- Assesses the trial site and applicable personnel on an ongoing basis.
- Ensures compliance with the patient-consent process.
- Verifies the receipt, handling, accounting, storage conditions, and availability of clinical products under investigation.
- Verifies compliance and quality of collected data.
- Ensures compliance with the procedures to apply in the event of serious adverse events.
- Drafts an appropriate intervention plan for the avoidance of redundant errors and deviations.
- Verifies investigator records and checks for consistency with the contents of sponsor files.

## Qualifications

- College nursing diploma or
- Bachelor of health sciences, nursing, biomedical sciences, pharmacy, pharmacology, or a related discipline.
- Master's degree in one of the aforementioned disciplines or another postgraduate degree<sup>1</sup> (an asset).
- Communication skills and good interpersonal relationships.

- Ability to work independently, coupled with management and organizational skills.
- Meticulous and detail oriented.
- Bilingual.
- Proficiency in the use of the Microsoft Office Suite and specialized software for electronic databases such as CRF<sup>2</sup>, INFORM<sup>3</sup>, e-Clinical, TrialStat, OC-RDC, etc.
- Knowledge of the product under investigation for its mechanism of action, pharmacokinetics, and pharmacodynamics.
- Understanding of the regulatory context, good clinical practices and standard operating procedures.
- Availability to travel frequently.

## Career-Path Options

Depending on experience in the fields of health-care and clinical research as well as areas of interest, CRAs can aspire to, among other positions, the following:

- Lead CRA.
- Head of Clinical Research.
- Project Manager.
- Director of Clinical Operations.

The work of a Clinical-Research Associate opens career opportunities in the pharmaceutical research-and-development sector for positions in pharmacovigilance, regulatory affairs, and marketing.

Competencies	Behavioural Indicators
<p><b>Interpersonal Relationships</b> Ability to build trust with site personnel and communicate with concerned personnel.</p>	<ul style="list-style-type: none"> <li>• Adapts behaviour to situations and individuals in personal interactions.</li> <li>• Is empathetic, receptive, and attentive.</li> <li>• Acts as liaison between the sponsor and site personnel.</li> <li>• Detects and decodes non-verbal cues/behaviours.</li> <li>• Communicates clearly and effectively (written and spoken).</li> </ul>
<p><b>Teamwork</b> Ability to work cooperatively as part of a team.</p>	<ul style="list-style-type: none"> <li>• Actively contributes to the team.</li> <li>• Promotes cooperation with others.</li> <li>• Coordinates activities with those of other team members.</li> <li>• Exchanges relevant information with colleagues.</li> </ul>
<p><b>Information Analysis</b> Ability to establish links between various elements necessary to the proper conduct of the clinical study.</p>	<ul style="list-style-type: none"> <li>• Verifies the protocol and assesses training needs of site personnel.</li> <li>• Reviews the process used to obtain a fully informed consent of the patient.</li> <li>• Ensures the investigator is aware of all his obligations.</li> <li>• Verifies application of regulatory requirements relative to site activities.</li> </ul>
<p><b>Problem Solving</b> Ability to solve problems related to clinical trials.</p>	<ul style="list-style-type: none"> <li>• Identifies potential problems during the conduct of the trial.</li> <li>• Assists in developing an action plan specific to or in response to observations identified in inspection and audit reports.</li> <li>• Makes realistic and appropriate decisions.</li> <li>• Follows up on compliance issues until final resolution.</li> </ul>
<p><b>Responsible Management</b> Ability to monitor clinical trials.</p>	<ul style="list-style-type: none"> <li>• Manages the various monitoring activities.</li> <li>• Performs verifications required for the proper conduct of the trial.</li> <li>• Maintains close contact with site personnel and ethics committee.</li> <li>• Effectively manages priorities.</li> <li>• Accurate assessment of unforeseen situations.</li> </ul>
<p><b>Compliance Control</b> Ability to ensure that site personnel comply with the research protocol, regulatory requirements, good clinical-practice regulations, and standard operating procedures.</p>	<ul style="list-style-type: none"> <li>• Is very proficient with the contents of the research protocol, regulatory requirements, and good clinical-practice regulations.</li> <li>• Takes into consideration the standard operating procedures of the company, research site, and ethics committee.</li> <li>• Enforces compliance with regulations.</li> <li>• Judiciously detects non-compliant situations.</li> <li>• Proposes relevant and realistic solutions.</li> <li>• Maintains consistent follow-up and adherence to established timelines.</li> </ul>

<sup>1</sup> For example, the *D.É.S.S. (Diplôme d'Études Supérieures Spécialisées)* in drug development, a postgraduate diploma, is a specialization and training development program that qualifies graduates to work in the biopharmaceutical, governmental, and other sectors.

<sup>2</sup> An acronym for electronic case report form, which serves as the patient case-record form.

<sup>3</sup> Depending on the therapeutic area, the product can be a drug or medical device.

Please refer to the *Clinical-Research Associate's (CRA) Analyse de profession\** and *Profil de compétences\** for all additional information.

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\* This document has not been translated yet.